



Practice Set

End Semester Examination, May 2026

Program: BMLT

Semester-II

Subject: CBHDP-I

Subject Code: 42AVAC-001

Course Learning Objective:

CLO 1: To prepare the student for development of mind

CLO 2: To enable the student to develop intellectual development.

CLO 3: The course also cover the role of spiritual and holistic development

CLO 4: The course is designed to cope effectively with the virtue of Vasudhaiva-Kutumbakam and transform students into ideal personalities by inculcating sanskaaras.

Very short answer question (Words limit: 50 words) Section – I (01 Marks each question)

Unit-1

1. What is Character? [CO1, Remember] [BTL-LOT]
2. Explain the meaning of Holistic [CO2,Analyse] [BTL-HOT]
3. What is Kosha? [CO2,Remember] [BTL-LOT]
4. Discuss the element and concept of character building. [CO1, Understand] [BTL-LOT]
5. Examine the importance of holistic development of a character. [CO3,Evaluate] [BTL-HOT]

Unit-2

6. Discuss the basic concept of Vijnamaya Kosha.[CO3, Analyse] [BTL-HOT]
7. What are the five layers of Kosha?[CO2,Understand] [BTL-LOT]
8. What is Personality [CO4,Remember] [BTL-LOT]
9. What do you understand by Pancha Kosha? [CO1, Understand] [BTL-LOT]

Unit-3

10. Discuss the word personality? [CO3,Remember] [BTL-LOT]
11. What does the word Prana means ?[CO3,Understand] [BTL-LOT]
12. What are the three bodies? [CO3,Remember] [BTL-LOT]

Unit-4

13. What are the three Rules of Chanakya? [CO4,Understand] [BTL-LOT]
14. Who is Birsa Munda? [CO4,Remember] [BTL-LOT]
15. Discuss the Bhoodan Andolan. [CO4,Evaluate] [BTL-HOT]
16. Who is known as the missile man of India ?[CO4,Understand] [BTL-LOT]
17. Who is M.S Swami Nathan?[CO4,Understand] [BTL-LOT]
18. Who was the father of Green Revolution? [CO4,Remember] [BTL-LOT]

Short Answer (word limit: 150 words) Section-II (3 marks each question)

Unit-I

19. Elaborate the components of Holistic Development [CO1,Create] [BTL-HOT]
20. Explain the Manomaya Kosha? [CO2,Analyse] [BTL-HOT]
21. What is the concept of Panch Koshas? [CO1,Understand] [BTL-LOT]
22. Define Annamaya Kosha [CO3,Remember] [BTL-LOT]
23. Define the benefits of Vijnamaya kosha? [CO2,Evaluate] [BTL-HOT]

Unit - II

24. How Vijnamaya Kosha transform Our Lives? [CO3,Evaluate] [BTL-HOT]
25. Which kosha is called universal consciousness? [CO3,Apply] [BTL-LOT]
26. What is the source of Panch Kosha? [CO1,Understand] [BTL-LOT]
27. Explain Anandmaya kosha as a state of bliss [CO3,Analyse] [BTL-HOT]
28. How to activate Anandmaya Kosha? [CO3,Evaluate][BTL-HOT]

Unit- III

29. What is the Anandmaya Kosha role in developing personality? [CO2,Apply] [BTL-LOT]
30. Which kosha is the deepest level of the soul?[CO3, Analyse] [BTL-HOT]
31. Which kosha is related to the chakras and Nadis?[CO3,Evaluate] [BTL-HOT]

Short Answer (word limit: 200 words) Section-III (2 Marks each question)

Unit-I

32. Describe the Indian concept of Personality? [CO3, Apply] [BTL-LOT]
33. Explain Panch Kosha in detail. [CO1, Evaluate] [BTL-HOT]
34. Elaborate the components of Holistic Development. [CO3, Create] [BTL-HOT]
35. Explain in brief elements and pillars of character building. [CO1Apply] [BTL-LOT]

Unit - II

36. Explain the contribution of Manomaya Kosha in developing Anandmaya Kosha.
[CO3, Create] [BTL-HOT]
37. What are the four functions of intellectual cognitive development?
[CO2, Understand] [BTL-LOT]
38. What are the main stages of cognitive development?[CO1,Remember] [BTL-LOT]
39. What are fourfold conscience of Manomaya kosha?[CO1,Apply][BTL-LOT]

Unit-III

40. State the factors promoting the growth of Vijnanamaya kosha?[CO3,Evaluate] [BTL-HOT]
41. What are the aspects of Personality Development? [CO3, Analyse] [BTL-HOT]
42. Elaborately discuss the problems that may arise due to an underdeveloped Vijnanamaya Kosha . [CO3, Evaluate] [BTL-LOT]

Short Essay Writing (Word Limit: 300) Section-IV (7 Marks each question)

43. Identify the contribution of Acharya Shusruta as leading scientist of India.
[CO4, Apply] [BTL-LOT]
44. What is APJ Abdul Kalam famous for? Explain the five invention of Kalam.
[CO4, Evaluate] [BTL-HOT]
45. Explain the role of M.K Gandhi in freedom struggle [CO4,Analyse] [BTL-HOT]
46. Write a short essay on Annie Besant's Contributions in Indian Freedom Struggle.
[CO4, Create] [BTL-HOT]
47. Prepare a Character sketch on Birsa Munda [CO4, Create] [BTL-HOT]

Course Outcome:

On the completion of the Course, the students will be able to:

CO1: Develop a good understanding of intellectual development

CO2: Adapt the concept of constructive roles.

CO3: Analyze the understanding of spiritual and holistic development.

CO4: Correlate the importance of world as a family and enable them to intellectual and holistic development

Summary Sheet:

CO Wise

CO	Q. No	Marks
CO1	1,4,9,21,26,33,38,39	15
CO2	2,3,7,20,23,29,37	14
CO3	5,6,10,11,12,24,25,26,27,28,29,30,31,32,33,34,35,36,37,38,39,40,41,42	35
CO4	13,14,15,16,17,18,43,44,45,46,47	40
	TOTAL MARKS	104

Unit Wise

Unit	Q. No	Marks
Unit 1	1,2,3,4,5,19,20,21,22,23,32,33,34,35	28
Unit 2	6,7,8,9,24,25,26,27,28,36,37,38,39	30
Unit 3	10,11,12,29,30,31,40,41,42	18
Unit 4	13,14,15,16,17,18,43,44,45,46,47	28
Total		104

Blooms Taxonomy Level (BTL) Wise

BTL	Q. No	Marks
LOT	1,,3,4,7,8,9,10,13,14,16,17,18, 21,22,25,26,27,28,30,,32,35,37,38,39,42,43	38
HOT	2,5,6,15,19,20,23,24,27,28, 30,31,33,34,35,36,40,41,43,44,45,46,47	66
Total		104

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Disclaimer: -This is a Practice set. The Question in End term examination will differ from the Practice set. This Practice set is meant for practice only.